

Empowering patients to take an active role in their treatment with insulin



**FDB OptimiseRx<sup>®</sup> is helping to drive up adoption of insulin passports in the Lambeth area by identifying those patients who are on insulin but do not have a code for an insulin passport on their record.**

**Reports and analytics from FDB OptimiseRx are helping the CCG to target practices and prescribers to engage and encourage them to update patient records.**



#### About the programme

Insulin passports are being used by NHS Lambeth CCG to improve the safe use of insulin, empower patients to take an active role in their treatment, and improve outcomes for diabetic adults.

An insulin passport is a patient-held credit card sized record that can be used to:

- record the type of insulin, syringes and pens that the patient uses;
- include emergency treatment/contact information;
- support healthcare professionals to check details when prescribing, dispensing or administering insulin.

The insulin passport initiative is being driven by NHS Improvement and is supported by the guidance “The Adult Patient’s Passport to Safer Use of Insulin (PSA003)”. Locally, it is the prescribers’ and associated healthcare team’s (e.g. nurses, pharmacists) responsibility to provide the passport and help the patient to complete it.

#### Uses for insulin passport

- + Record the type of insulin, syringes and pens that the patient uses
- + Include emergency treatment/contact information
- + Support healthcare professionals to check details when prescribing, dispensing or administering insulin





### How OptimiseRx is supporting

OptimiseRx is helping to drive up adoption of insulin passports in the Lambeth area by identifying those patients on who are on insulin but do not have a code for an insulin passport on their record. The CCG has a programme to encourage patients and prescribers to complete insulin passports and to correctly code this within the patient record.

Conscious not to 'over alert' prescribers, the CCG has chosen to use the 'Mute' message functionality within OptimiseRx. Muting a message enables the CCG to track the number of times that a message would trigger, without showing the message to the prescriber.

OptimiseRx reports enable the CCG to target practices and prescribers to engage and encourage them to update patient records.

Following a period of running the 'insulin passport' message in 'Mute', the CCG make the message visible to prescribers and they will begin to be notified during patient consultations where an insulin prescription is being issued without a relevant code being documented on the patient record.

**Where a patient does not have activity related to an insulin passport Read coded within their patient record in SystemOne and EMIS Web, the prescriber will be presented with a guidance message that notifies them that this information is missing and advises them to add the relevant Read codes as per local guidance.**

The campaign was launched on 22nd June 2017 and their education programme was phased over several weeks, targeting a few practices at a time.



[www.lambethccg.nhs.uk](http://www.lambethccg.nhs.uk)



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